

## Guidelines for Authors

The *Journal of Dance Medicine & Science* publishes scholarly, scientific articles on all aspects of dance medicine and science and draws from the multidisciplinary fields of anatomy and physiology, biomechanics, general medicine, sports medicine and surgery, physical therapy, dance education, kinesiology, psychology, and nutrition and diet.

Articles may be scholarly or report clinical or basic scientific information or research results. The journal also considers review articles summarizing the body of knowledge available on focused topics in dance medicine and science.

Articles for the journal's consideration should emphasize:

- The identification, treatment, rehabilitation, and prevention of illness and injuries.
- General health, nutrition, and exercise.
- The application of scientific research to dance training.

The following presentation style should be observed when submitting manuscripts:

*Clinical and Basic Science Research* articles should include: Abstract, Introduction, Material and Methods, Case History (if applicable), Results, Discussion, Conclusion, and References.

*Review* articles should provide a comprehensive synthesis of the available information on their chosen topic. They must include headings and reference citations.

*Case Reports* should be brief reviews of either typical or atypical presentations of diseases and disorders and should include an Abstract, Introduction, Case Report data and findings, Discussion, Conclusion, and References.

All articles should include a short statement preceding the Conclusion that explains the study's relevance to the health, well-being, training, and/or performance of dancers.

### Original Research

When reporting original research involving human subjects, authors should state in their Methods section whether the subjects gave informed consent and whether the study was approved by a research ethics committee.

### Manuscript Preparation

Each manuscript must include a title page citing: 1. title of the article, 2. names and academic affiliations of all authors, and 3. the corresponding author's mailing address, telephone and facsimile numbers, and e-mail address.

Articles should be typed, double-spaced, with one inch margins. Pages should be numbered and the running heads and feet should not include the authors' names.

Manuscripts may be submitted via e-mail. When mailing a printed manuscript, it must be accompanied by a copy of the word processor file on a disk.

Manuscripts should be formatted according to guidelines provided in the American Medical Association Stylebook and the Chicago Manual of Style.

### Illustrations

Illustrations may be submitted as photographs, original drawings, or as digital graphics files. We accept most digital graphic file formats. Digital graphics should *both* be embedded in your word processor file *and* separate graphics files for each illustration should be e-mailed or on the disk that you submit.

### References

References should be cited in your manuscripts with superscripts and listed in numerical order according to the order of their citation in the article; *not* alphabetically. References should be formatted in

the following manner:

#### Journal Article

- Author(s) name(s), without punctuation after initials
- Article title
- Journal name
- Year of publication
- Volume number
- Issue number
- Inclusive page numbers of the article

4. Adams S. Cause and prevention of dance injuries: the sciences behind the art. *Runner*. 1983;21(3):10-5.

#### Book Chapter

- Author(s) name(s), without punctuation after initials
- Chapter title
- Book editor(s) name(s)
- Title of the book
- City of Publication
- Name of Publisher
- Year of Publication
- Inclusive page numbers of the chapter

7. Teitz CC. Knee problems in dancers. In: Solomon R, Solomon J, Minton SC (eds): *Preventing Dance Injuries*. Champaign, IL: Human Kinetics Publishers, Inc., 2005. pp. 53-72.

#### Book

- Author(s)/Editor(s) name(s), without punctuation after initials
- Title of the book
- City of Publication
- Name of Publisher
- Year of Publication
- Page numbers (if applicable)

9. Barham JN, Wooten EP. *Structural Kinesiology*. New York: Macmillan Publishing Company, Inc., 1973.

#### Internet

References to Internet web pages should be as complete as possible to allow readers to retrieve the information. At a minimum Internet citations should include:

- Author of the article or page (if any)
- The title of the web page
- The organization hosting the page, and
- The complete URL of the web page being cited

### Copyright Agreement

The following dated agreement signed by the senior corresponding author must accompany each manuscript submitted:

The undersigned author transfers all copyright ownership of the article entitled [title of article], including text and artwork, to the *Journal of Dance Medicine & Science* in the event that the article is published. The undersigned author warrants and represents that the article is original, is not under consideration by another journal, and has not been published previously. I sign for and accept responsibility for releasing this material on behalf of myself and all co-authors.

The *Journal* is a refereed journal. All articles are reviewed by independent reviewers before a decision is made. Authors are advised of the editorial decision as soon as possible.

### Address all manuscripts and inquires to:

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