

## Educational Opportunities in Dance Medicine and Science

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Compiled by the [IADMS Student Committee](#)  
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## Degree Programs

### California State University, Long Beach

- Long Beach, CA, USA
- **BA in Dance (option in Dance Science)**
- 4 years
- Course of study combines dance with specific science courses for students interested in teaching careers in dance or careers in dance fitness. This degree also gives preparation for those who seek graduate education in the areas of dance science or related dance studies
- Admission requires passing an entrance audition for placement in the major sequence of courses and meeting all University entrance requirements
- Web site: [www.csulb.edu/depts/dance/](http://www.csulb.edu/depts/dance/)

### California State University, Northridge

- Northridge, California, USA
- **BS – Kinesiology/Dance Option**
  - 4 years
  - Program includes 25 units in dance (technique, pedagogy and performance) plus courses in Foundations and Analysis of Human Movement, Exercise Science, Biomechanics, Motor Learning and Control, Socio-psychological Aspects of Physical Education, Historical & Philosophical Bases of Kinesiology
- **MS – Kinesiology/Dance Option**
  - 2 years
  - The Dance Option offers several courses that are directly applicable to dance (Seminar in Dance Science, Dance Production, Directed Research in Dance Psychophysiology). There is a combination of thesis/project as the culminating graduate work. Graduate students will participate in the creative work of dance performance and the scientific work of participating in research studies.
- California State University, Northridge is located in the San Fernando Valley of Los Angeles. The department has many links to a vibrant dance community in Los Angeles.
- Web site: [www.csun.edu](http://www.csun.edu)
- **Contact information:** Paula Thomson, Psy.D. [Paula.thomson@csun.edu](mailto:Paula.thomson@csun.edu)  
+1 818-677-7575

**The College at Brockport/State University of New York (SUNY)**

- **Brockport, New York, USA**
- **BFA, BA, BS in Dance/Dance Science and Somatics**
- 4-5 years
- Many options exist for dancers who have an inclination and interest in integrating dance technique and performance with human movement science
- **Contact information:** [soliver@brockport.edu](mailto:soliver@brockport.edu)

**Florida State University**

- **Tallahassee, Florida, USA**
- **Master of Arts (MA) in Studio & Related Studies**, may choose emphasis in Dance Science
- 36 credit hours; 4 semesters; 15 months
- Approximately 7 students are accepted into the program each year based on audition, interview & writing sample. Program is flexible.
- Web site: <http://dance.fsu.edu/Academic-Programs/MA-Studio-and-Related-Studies>
- Most graduate students receive tuition & 1/4-time assistantship, but recent economic crisis may affect availability of this support in the future.
- **Contact information:** Tom Welsh, PhD: [twelsh@dance.fsu.edu](mailto:twelsh@dance.fsu.edu)

**George Mason University**

- **Manassas, Virginia, USA**
- **MS in Exercise, Fitness and Health Promotion**
  - Graduate Assistantship in performing arts medicine
- 2 years
- Number of positions: 1
- Web site:
  - School of Recreation, Health, and Tourism: [http://rht.gmu.edu/grad\\_EFHP/](http://rht.gmu.edu/grad_EFHP/)
  - College of Visual and Performing Arts: <http://dance.gmu.edu/>
- Clinic format experience
- Stipend and possible room and board
- **Contact information:** Jatin P. Ambegaonkar, Coordinator of Clinical Education: [jambegao@gmu.edu](mailto:jambegao@gmu.edu) +1 703-993-2123

### Hope College

- **Holland, Michigan, USA**
- **BA in**
  - Dance Performance Choreography
  - Dance Education
- **BA or BS (depending on course of study) dual major opportunities in:**
  - Dance / Engineering
  - Dance / Chemistry
  - Dance / Biology
  - Dance / Exercise Science
  - Dance / Psychology
- Accredited: National Association of Schools of Dance
- 4 years
- Web site: [www.hope.edu/academic/dance/](http://www.hope.edu/academic/dance/)
- **Contact information:** Linda Graham [graham@hope.edu](mailto:graham@hope.edu) or Stephanie Brumels [brumelss@hope.edu](mailto:brumelss@hope.edu) +1 616-395-7700

### Indiana University

- **Bloomington, Indiana, USA**
- **BS in Kinesiology with a major or minor in dance**
  - 4 years
  - Number of positions: 18
  - Web site: <http://www.indiana.edu/~kines/undergraduate/dance.shtml>
  - **Contact information:** Elizabeth Shea, Coordinator: +1 812-855-7020, [eshea@indiana.edu](mailto:eshea@indiana.edu)
- **MS in Kinesiology**
  - **Clinical Assistantship in dance**
  - 2 years
  - Number of positions: 1 with School of Ballet, 1 with Contemporary Dance
  - Applicants must be accepted into Master's Graduate Athletic Training program
  - Web site: [http://www.indiana.edu/~kines/graduate/ms\\_athletic.shtml](http://www.indiana.edu/~kines/graduate/ms_athletic.shtml)
  - **Contact information:** John Schrader: +1 812-856-4509, [jschrade@indiana.edu](mailto:jschrade@indiana.edu)

### Laban

- London, UK
- MSc in Dance Science
- 1 year full time, 2 years part time
- PhD in Dance/Music Science
- Web site:  
[http://www.laban.org/dance\\_programmes/graduate\\_school\\_research\\_degree\\_programmes.phtml](http://www.laban.org/dance_programmes/graduate_school_research_degree_programmes.phtml)
- Laban is part of Trinity Laban Conservatoire for Music and Dance and offers degrees in both dance and music science. Areas of expertise include physiology, psychology, biomechanics, somatics, and creativity
- **Contact information:** Dr. Emma Redding, Head of Dance Science:  
[e.redding@laban.org](mailto:e.redding@laban.org)

### Leicester College

- Leicester, UK
- Foundation Degree in Dance
- 2 years
- Web site: [www.leicestercollege.ac.uk](http://www.leicestercollege.ac.uk)

### London Metropolitan University

- London, UK
- BSc (Hons) in Sports and Dance Therapy
- In addition to a basis in Sports Therapy, students receive training in the specific qualities and needs of dancers. This includes dance biomechanics, dance-specific fitness testing and rehabilitation, nutrition, and clinical practice. Students may complete dance specific work placements.
- 3 years full-time, 4 years part-time
- Students with some dance experience may apply for an interview, even if the formal entry requirements are not met.
- Web site: <http://www.londonmet.ac.uk/ug-prospectus/courses-10-11/sports--dance-therapy.cfm>
- **Contact information:** Kimberley Hutt: [k.hutt@londonmet.ac.uk](mailto:k.hutt@londonmet.ac.uk)

**New York College of Podiatric Medicine**

- New York, New York, USA
- Doctor of Podiatric Medicine (DPM)
- Opportunities to become board certified in surgery of the foot and ankle, primary podiatric practice, specializations in orthopedics/ biomechanics and sports medicine, with an opportunity to sub-specialize in Dance Medicine.
- 4 year program, followed by 2-4 year residency at a major hospital
- Number of positions varies by year
- Web site: [www.nycpm.edu](http://www.nycpm.edu)
- For specific questions, please email [rbenad@nycpm.edu](mailto:rbenad@nycpm.edu)

**University of California, Irvine**

- Irvine, California, USA
- BA in Dance, Undergraduate Dance Science Research Group
  - 4 years
  - Admission through Dance Department admissions program
  - <http://dance.arts.uci.edu/category/future-undergrad/>
- MFA in Dance, concentration in Dance Science
  - 2 years
  - Number of positions: 1 per year
  - <http://dance.arts.uci.edu/future/future-grad/applying/>
- Contact information: Jeff Russell: [jeff.russell@uci.edu](mailto:jeff.russell@uci.edu), +1 949-824-1054

**University of Edinburgh**

- Edinburgh, UK
- MSc in Dance Science and Education
- 1 year full time, 2 years part time, or modular
- Web site: [www.education.ed.ac.uk/postgraduate/taught-degrees/MScDSE](http://www.education.ed.ac.uk/postgraduate/taught-degrees/MScDSE)
- Contact information: Wendy Timmons, Programme Coordinator  
[wendy.timmons@education.ed.ac.uk](mailto:wendy.timmons@education.ed.ac.uk) +44 131-6516596

**University of Melbourne**

- Melbourne, Victoria, Australia
- Post-graduate diploma in Dance Science
- 1 year
- Web site: [www.vca.unimelb.edu.au/dancecourses/](http://www.vca.unimelb.edu.au/dancecourses/)
- Contact information: Jenny Kinder, Head of Dance [kinderj@unimelb.edu.au](mailto:kinderj@unimelb.edu.au)

### University of Oregon (UO)

- Eugene, Oregon, USA
- **MFA in Dance** with options to specialize in elective areas such as Dance Science
- 3 years
- Number of positions: 3 per year
- UO Dance maintains a close relationship with the Department of Human Physiology at UO and Dance Masters students can capitalize on this relationship through course options and laboratory research
- Upon graduation, it is possible for qualified Dance Masters students to articulate into the PhD program in Human Physiology
- MFA students are accepted who can serve as Graduate Teaching Fellows (GTF's) for a wide spectrum of Dance technique courses ranging from modern, ballet, jazz, tap, and hip hop to African, tango, and ballroom. GTF's come with a full tuition waiver, a monthly stipend, and medical insurance coverage
- Web site: [www.uoregon.edu](http://www.uoregon.edu)
- **Contact information:** Steven Chatfield, PhD: [stevenc@uoregon.edu](mailto:stevenc@uoregon.edu)

### University of South Florida

- Tampa, Florida, USA
- **BA degree in Dance Studies** – option of combining dance with another area of interest, such as an area of the health sciences. Students who are interested in dance medicine/science take 15-17 focused electives, which are carefully chosen and can include courses such as: Care and Prevention of Physical Injuries, Nutrition, Anatomy and Physiology, Physics, and Physiological Psychology. All students in the dance program are required to take dance kinesiology.
- 4 year program
- Admission through dance placement audition and admissions application to USF.
- Web site: <http://theatreanddance.arts.usf.edu/>
- **Contact Information:** Merry Lynn Morris, Academic Advisor/Instructor, Theatre and Dance Programs: [mmorris@arts.usf.edu](mailto:mmorris@arts.usf.edu) +1 813-974-1739

### University of Stuttgart, Department of Sport and Movement Science

- Stuttgart, Germany
- **B.A. in Physical Education & Sport Science**
  - 6 Semesters
  - Number of positions: 25
- **M.A. in Exercise Science: Health Promotion**
  - 4 Semesters
  - Number of positions: 15

- Test of German language skills must be completed before enrollment
- English language Web site: [www.uni-stuttgart.de/studieren/angebot/index.en.html](http://www.uni-stuttgart.de/studieren/angebot/index.en.html)
- Department Web site (German language): <http://www.sport.uni-stuttgart.de/inspo/>
- **Contact information:**
  - General course information: Dr. Uwe Gomolinsky  
[uwe.gomolinsky@sport.uni-stuttgart.de](mailto:uwe.gomolinsky@sport.uni-stuttgart.de) +49 0711 685-63162
  - Information relating to dance: Ms. E. Hollister Mathis-Masury  
[hollister.mathis-masury@sport.uni-stuttgart.de](mailto:hollister.mathis-masury@sport.uni-stuttgart.de) +49 0711 685-63184

### University of Utah

- Salt Lake City, Utah, USA
- MFA or BFA
- Department of Modern Dance
- MFA: 3 years  
BFA: 4 years
- On the graduate level, students can focus on kinesiology for dance and other applications of dance science and/or somatics to dance. Thesis work in this area links science to artistry.
- Web site: [www.dance.utah.edu](http://www.dance.utah.edu)
- **Contact information:**  
Stephen Koester, Associate Professor, Director of Graduate Studies  
[stephen.koester@utah.edu](mailto:stephen.koester@utah.edu)  
Pamela Geber, Associate Professor, faculty member who teaches dance kinesiology and works with many students in the dance science/somatics area  
[p.geber@utah.edu](mailto:p.geber@utah.edu)

### University of Wolverhampton

- West Midlands, UK (encompassing Birmingham)
- MSc Dance Science
  - Taught in intensive blocks to allow overseas students to study on a tourist visa
- PhD in Dance Medicine and Science
- Web site:  
<http://courses.wlv.ac.uk/postGradCourse.asp?menu=1&id=2819&level=1>
- The University of Wolverhampton with its partners (Birmingham University, Coventry University and the Jerwood Centre) offers a wide range of research and study opportunities. Areas of expertise are in psychology, physiology, biomechanics and medicine, though we are always open to offers.
- **Contact information:** Matthew Wyon, PhD: [m.wyon@wlv.ac.uk](mailto:m.wyon@wlv.ac.uk)

### University of Wyoming

- Laramie, Wyoming, USA
- BFA (concentration in Dance Science)
- 4 years
- Number of positions: 3-4 per year
- Curriculum provides courses in dance medicine and science along with dance technique and performance
- Web site: [www.uwyo.edu/thd2/prospective/](http://www.uwyo.edu/thd2/prospective/)
- **Contact information:** Margaret Wilson: [mawilson@uwyo.edu](mailto:mawilson@uwyo.edu) +1 307-766-2229

### Virginia Commonwealth University

- Richmond, Virginia, USA
- Doctor of Physical Therapy (DPT)
- 3 years
- Dance Medicine elective module available, including clinical experience
- Web site: [www.vcu.edu/pt/prospectivestudents/dpt.html](http://www.vcu.edu/pt/prospectivestudents/dpt.html)
- **Contact information:** Lisa Donegan Shoaf, Director of Clinical Education  
[ldshoaf@vcu.edu](mailto:ldshoaf@vcu.edu) +1 804-828-0234

### York University

- Toronto, Ontario, Canada
- Honours BFA or Honours BA degree in Dance with Undergraduate Certificate in Dance Science
- 4 years
- Web site: [www.yorku.ca/finearts/handbook/dance/certificates.htm](http://www.yorku.ca/finearts/handbook/dance/certificates.htm)
- **Contact information:** Professor Donna Krasnow [dkrasnow@yorku.ca](mailto:dkrasnow@yorku.ca)

## Internships

### California State University, Long Beach Dance Clinic

- Long Beach, California, USA
- Student internship
- Facility offers physical therapy, Pilates-based therapy, and preventative conditioning programs
- Internship appropriate for students interested in a career in the dance medicine field
- **Contact information:** John Siegel, Head Athletic Trainer, Department of Dance: [jsiegel1@csulb.edu](mailto:jsiegel1@csulb.edu) +1 562-985-7076

### Motion Matters Physiotherapy Clinic

- Ottawa, Ontario, Canada
- 2 month internship
- Physiotherapy clinic and exercise center specializing in dance
- Number of positions: 2
- Web site: [www.motionmatters.ca/](http://www.motionmatters.ca/)
- **Contact information:** Joelle Segers: [info@motionmatters.ca](mailto:info@motionmatters.ca) +1 613-237-4343

### Harkness Center for Dance Injuries at NYU Hospital for Joint Diseases

- New York City, New York, USA
- Internship for undergraduates or recent college graduates
- Exposure to orthopaedic clinic and surgery observation, physical therapy/athletic training observation, research, and administration
- 8-10 weeks
- Web site: [www.med.nyu.edu/hjd/harkness/edu\\_programs/college.html](http://www.med.nyu.edu/hjd/harkness/edu_programs/college.html) (application available on-line)
- **Contact information:** Megan Richardson: +1 212-460-0157

### University of Wolverhampton

- West Midlands, UK (encompassing Birmingham)
- Research internship
- Appropriate for Masters level students and higher focusing in biomechanics, physiology, and psychology
- 2-3 months
- Number of positions: 2
- Web site: [www.wlv.ac.uk](http://www.wlv.ac.uk)
- **Contact information:** Dr. Matthew Wyon: [m.wyon@wlv.ac.uk](mailto:m.wyon@wlv.ac.uk) +44-1902-323144

## Clinical Placements

### OccuSport Physical Therapy

- Willowbrook/Darian, Illinois, USA
- **Clinical placement** in an elite sports medicine outpatient facility
- 3-6 months
- Suitable for a final placement or for a recent physical therapy graduate
- Clinic specializes in performing arts medicine including dance and gymnastics
- **Contact information:** Gina Pongetti: [adagiogymnastics@hotmail.com](mailto:adagiogymnastics@hotmail.com)  
+1 630-607-8907

### Harkness Center for Dance Injuries at NYU Hospital for Joint Diseases

- New York City, New York, USA
- **Clinical placement** in the Physical Therapy department in the hospital
- Web site: [www.med.nyu.edu/hjd/harkness/edu\\_programs/pro.html#learning](http://www.med.nyu.edu/hjd/harkness/edu_programs/pro.html#learning)  
(application available on-line)
- **Contact information:** Rick Kassler: +1 212-598-6054

### The Ohio State University Sports Medicine's Program for Performing Arts Medicine

- Columbus, Ohio, USA
- **Clinical placement** in physical therapy
- 8-12 weeks
- Suitable for a final clinical placement
- Multidisciplinary program including staff in Physical Therapy, Athletic Training, Chiropractic, Nutrition, and Orthopaedic Medicine
- Web site: [www.sportsmedicine.osu.edu](http://www.sportsmedicine.osu.edu)
- **Contact information:** Marika Baxter: [marika.baxter@osumc.edu](mailto:marika.baxter@osumc.edu)

## Other Programs

### **Harkness Center for Dance Injuries at NYU Hospital for Joint Diseases**

- New York City, New York, USA
- **Resident physician (MD) observational opportunity**
- Available for physicians not enrolled in the NYU-HJD residency training program
- Opportunity to shadow two orthopaedic surgeons specializing in dance medicine
- Web site: [www.med.nyu.edu/hjd/harkness/edu\\_programs/pro.html#learning](http://www.med.nyu.edu/hjd/harkness/edu_programs/pro.html#learning) (application available on-line)

### **Tanz Medizin Deutschland e.V (TaMeD)**

- **Courses offered across Germany**
- **Certificate in Dance Medicine and Science (German-language)**
- Yearly symposium, and courses offered in Anatomy and Physiology, Prevention and Rehabilitation, Nutrition, Psychology, and Practice
- Courses may be taken individually or applied to the certificate
- All courses offered in German
- Web site: [www.tamed.de](http://www.tamed.de)